

GOOD COEXISTENCE IN TIMES OF QUARANTINE

HOW?



- Use board games
- Having conversations with your family.
- Watching a movie

RESPECT

Respeto



- Respect people (family)
- Respect space
- Respect each other's objects

Spend time
learning new
things online



REMEMBER NOT TO EXIT!!

- Take care of yourself
and your family.



NIKOL ESTEFANIA SERNA MACIAS 11-02

FEEL GOOD
PHYSICALLY AND
MENTALLY

READ
RELAX

